

Baruti KMT-Sisouvong, PhD
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Professional Summary

Scholar–practitioner, educator, and researcher integrating neuroscience, consciousness studies, and evidence-based stress-regulation practices to support human development and well-being. Over 20 years of experience translating contemplative research into educational and community contexts. Recognized for developing the Model for Perpetual Growth and Progress, a research-informed framework for personal and societal development. Recipient of the 2025 Guru Dev Award for Outstanding Achievement in Teaching Transcendental Meditation®.

Founder of nonprofit and educational initiatives including Serat Group Inc., Radical Scholar Inc., International Meditation Hour, On Transcendence, and Connecting the Dots.

Selected Highlights

- **Guru Dev Award (2025)** – Maharishi Foundation International: Outstanding Achievement in Teaching Transcendental Meditation®.
- **Author** – *Afterword, The Mystic Tie and The Way of Oneness* (Stone Guild Publishing, 2024).
- **Speaker** – *Masonic Con 2024: A Model for Perpetual Growth and Progress: Supporting the Masonic Journey from Self-Interest to Self-Fulfilment and Service.*
- **Host** – *On Transcendence* podcast series exploring consciousness, neuroscience, and human potential.
- **Chief Contributor** – *On Transcendence* Substack exploring consciousness and human potential via weekly essays.
- **Co-Founder** – *Masonic Legacy Society*; 32° Scottish Rite Freemason (SJ); Past District Deputy Grand Master (Second Masonic District—Massachusetts).

Education

Ph.D., Vedic Science – *Maharishi International University, Fairfield, IA (2023)*

Dissertation: The Experience of Pure Consciousness as Described within Maharishi Vedic Science and Expressed Among Secular Thought and Life-Systems

Advisor: Dr. Frederick Travis

M.A., Consciousness and Human Potential – *Maharishi International University, Fairfield, IA (2009)*

M.A. Coursework, Sociology – *Georgia State University, Atlanta, GA (2005)*

B.A., Sociology – *Georgia State University, Atlanta, GA (2002)*

B.A., History – *Georgia State University, Atlanta, GA (1998)*

Academic & Teaching Appointments

Adjunct Assistant Professor, Humanities – *Maharishi International University (2023–2024)*

Adjunct Instructor, Humanities – *Maharishi International University (2021–2023)*

Graduate Teaching Assistant, Department of Vedic Science – *Maharishi International University (2010–2013)*

Courses Taught

- *FOR485: A Survey of American History – The African American Experience*
- *HUM385: The African American Experience in American History*
- *Higher States of Consciousness, Physiology 101, Universal Principles of Life*
- *Leadership: Fulfilling Others' Desires While Fulfilling Your Own*

Leadership & Professional Experience

Director and Certified Teacher – *Transcendental Meditation® Program, Cambridge & Metropolitan Boston (2013–Present)*

Deliver public education and instruction in the Transcendental Meditation® technique. Personally taught over **1,100 individuals** (and 2,100+ collectively with spouse). Partner with researchers studying meditation and brain coherence.

Founder & Curator – *International Meditation Hour (2025)*

Develop and lead a global synchronised meditation platform dedicated to cultivating inner stillness, collective coherence, and large-scale stress-reduction. Design guided experiences, digital teachings, and participation events that introduce practitioners to regular meditation and evidence-informed contemplative practice.

Founder & President – *Serat Group Inc. (2020–Present)*

Oversee the vision, strategy, and development of a consciousness-focused holding

company integrating research, education, digital media, and contemplative practice. Lead organisational design, brand architecture, partnerships, and long-term development initiatives that support consciousness-based transformation at individual, communal, and societal levels.

Founder & Host – Connecting the Dots (2007–2008)

Created and hosted a conversation-driven radio programme exploring the intersections of consciousness, culture, science, and human experience. Conducted interviews with scholars, practitioners, and thought-leaders, producing accessible dialogues that bridged academic insight and everyday life.

Founder & Executive Director – *Radical Scholar, Inc.* (2006–Present)

Lead a 501(c)(3) nonprofit fostering dialogue among spiritual, scientific, and philosophical communities. Creator of *Connecting the Dots* and *On Transcendence* podcast series, promoting consciousness-based inquiry.

Director, Information Technology – *AID Atlanta, Inc.* (2005–2006)

Directed IT operations for one of Atlanta’s leading public health organizations, managing infrastructure, data systems, and integration strategy.

Systems Administrator & Analyst – *Georgia State University* (1995–2005)

Advanced through multiple technical and academic support roles, later contributing to system modernization and program management for the following—Department of Sociology; Department of Modern and Classical Languages; MCL Computer Lab; Department of Political Science; and Women’s Studies Institute.

Publications (Selected)

- KMT-Sisouvong, B. (2024). *Afterword*. In C. R. Dunning, Jr., *The Mystic Tie and The Way of Oneness*. Stone Guild Publishing.
- KMT-Sisouvong, B. (2024). *Jesse Owens and the Spurious Idea of Racial Superiority Deflated on a World Stage*. *Fraternal Review*, Vol. 65, No. 5.
- KMT-Sisouvong, B. (2022). *Moby Dick, Nature, Freemasonry, and the Quest to Become a Better Human*. *Fraternal Review*, Vol. 63, No. 6.
- KMT-Sisouvong, B. (2021). *Dr. Joseph Warren: Leadership and Success via Friends, Family, and Strangers*. *Fraternal Review*, Vol. 62, No. 6.
- KMT-Sisouvong, B. (2020). *What Does It Take to Serve as a Point of Light in Times of Crisis?* *Trowel*, Vol. 38, No. 1.

Media, Digital Platforms, & Broadcast Work

- On Transcendence – Creator & Host
- International Meditation Hour – Founder
- Connecting the Dots Show Archive – Creator
- Transcendental Brain – Founder

Speaking Engagements & Conferences (Selected)

2024: *Masonic Con 2024 – A Model for Perpetual Growth and Progress: Supporting the Masonic Journey from Self-Interest to Self-Fulfillment and Service.*

2024: *TM Talks Podcast – The Transcendental Meditation Technique and a Model for Perpetual Growth and Progress.*

2023: *Northeast Conference of Grand Masters – A Model for Perpetual Growth and Progress.*

2017: *Hacking Consciousness: Meditation, Neuroscience, and Technology* – Harvard Divinity School.

2008: *National Council of Black Studies Conference – Let the Circle Be Unbroken: Anténor Firmin and the Spiritual Component of Human Solidarity.*

Honors & Awards

2025: *Guru Dev Award*, Maharishi Foundation International

2009: *Development of Consciousness Award*, Maharishi International University

2008: *Martin Luther King Jr. Collegium of Scholars*, Morehouse College

1997: *African American Studies Award*, Georgia State University

Affiliations & Service

- **Past District Deputy Grand Master**, 2nd Masonic District, Massachusetts (2023)
- **Past Master**, Richard C. Maclaurin Lodge (MIT, 2016)
- **Member**, The Harvard Lodge; Amicable Lodge
- **Member**, Scottish Rite Research Society; American Sociological Association
- **Member**, Rosicrucian Order (AMORC)
- **Co-Founder**, Masonic Legacy Society

Areas of Interest

Transcendence and human potential; consciousness-based education; neuroscience and leadership; Freemasonry and symbolic studies; organizational transformation; and the advancement of human well-being through education, contemplative practice, and science.